# November 2026

Memory Care Activities - 1C & 2C

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|---|---|---|---|---|---|---|
| **1**<br>***Daylight Savings Time Ends***<br>8:45 Morning Greetings<br>***9:00 Monthly Calendar Delivery (Unit)***<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 1:1 Activities and Family Video Calls (Unit)<br>10:30 Guess That Tune & Groove Exercises (Unit)<br>11:15 Hydration Station (Unit)<br>***1:00 Baltimore Ravens vs Buffalo Bills (CBS Ch. 22)***<br>2:00 Sunday Christian Service (MPR)<br>3:00 Sunday Sweet Treat Social (MPR and Unit to Unit)<br>5:15 Clean Hands! (Unit) | **2**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:15 Parachute Exercise Fun! (Unit)<br>11:00 Refreshment Cart Roundup (Unit)<br>2:00 Bingo Mania (Unit)<br>3:30 Fall Flavors Sensory Treat: Applesauce (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Tovertafel and Table Games (Unit) | **3**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Classic TV and Conversations (Unit)<br>10:30 Catholic Services (MPR)<br>11:00 Refreshments Cart (Unit)<br>***2:00 Arts and Crafts Club (1C)***<br>***2:00 Mike Nelson Entertainment (2C)***<br>2:45 Snack Cart Express (Unit)<br>3:00 Bible Study w/ Bishop Frye (2C)<br>4:30 Mind Games & Memories (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Quiet Reflections Wind Down (Unit) | **4**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:15 Chair Dance Through the Decades (Unit)<br>11:00 Jokes and Juice Cart (Unit)<br>***1:30 Apple Jacks Pet Therapy (Unit to Unit)***<br>***2:00 Active Game Rotation (Unit)***<br>***2:15 Autumn Adventures Scenic Ride (Outing)***<br>3:30 Snack Wagon (Unit)<br>4:30 The Walking/Strolling Club (Unit to Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening Wind Down (Unit) | **5**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:30 Catholic Services (JT/MH)<br>11:00 Refreshment Cart (Unit)<br>***2:00 Smooth Sounds w/ Suzette (1C)***<br>***2:15 Harvest Time Country Ride (Outing)***<br>3:00 Travel Documentaries (Ch. 25)<br>3:00 Warm Soft Pretzels (Unit)<br>4:30 Classic TV Hour (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Lullabies & Love Song Hour (Unit)<br>***8:15 Baltimore Ravens vs Jacksonville Jaguars (Ch. 25 (Prime Video))*** | **6**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Morning Exercise: Balloon Toss Bonanza (Unit)<br>11:30 Musical Refreshment Cart (Unit)<br>***1:45 Wheel of Fun Fridays (Unit)***<br>3:30 Sips & Snack Cart (Unit)<br>4:30 Table Time Games (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening One to One's w/ Activities (Unit) | **7**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 Morning Exercise: Rhythm Band (Unit)<br>10:30 Refreshment Social (Unit)<br>11:00 Indoor/Outdoor Strolls (Unit)<br>2:00 French Fry Social (Unit)<br>3:15 Classic Movie (Unit)<br>4:30 One to One Visits (Unit)<br>5:15 Clean Hands! (Unit) |
| **8**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 1:1 Activities and Family Video Calls (Unit)<br>10:30 Guess That Tune & Groove Exercises (Unit)<br>11:15 Hydration Station (Unit)<br>***1:00 Washington Commanders vs Los Angeles Rams (Fox Ch. 21)***<br>2:00 Sunday Christian Service (MPR)<br>3:00 Sunday Sweet Treat Social (MPR and Unit to Unit)<br>5:15 Clean Hands! (Unit) | **9**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:15 Parachute Exercise Fun! (Unit)<br>11:00 Refreshment Cart Roundup (Unit)<br>***2:00 Karaoke Sing-along (Unit)***<br>3:30 Fall Flavors Sensory Treat: Toast w/ Apple Butter (Unit)<br>4:30 Puzzle Pals (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Tovertafel and Table Games (Unit) | **10**<br>***U. S. Marine Corps Birthday***<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Classic TV and Conversations (Unit)<br>10:30 Catholic Services (MPR)<br>11:00 Refreshments Cart (Unit)<br>***2:00 Creative Art Club (Unit)***<br>2:45 Snack Cart Express (Unit)<br>3:00 Bible Study w/ Bishop Frye (2C)<br>4:30 Mind Games & Memories (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Quiet Reflections Wind Down (Unit) | **11**<br>***Veterans Day***<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>11:00 Jokes and Juice Cart (Unit)<br>***2:00 Active Game Rotation (2C)***<br>***2:30 S&D Entertainment (MPR)***<br>3:30 Snack Wagon (Unit)<br>4:30 The Walking/Strolling Club (Unit to Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening Wind Down (Unit) | **12**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:30 Catholic Services (JT/MH)<br>11:00 Refreshment Cart (Unit)<br>***2:00 Cooking Club: Banana Pudding Bonanza (Unit)***<br>***2:15 Fallin' for the Countryside (Outing)***<br>3:00 The Veterans' Treat Trolley (Unit)<br>3:00 Travel Documentaries (Ch. 25)<br>5:15 Clean Hands! (Unit)<br>***8:15 Washington Commanders vs New York Giants (Ch. 25 (Prime Video))*** | **13**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Morning Exercise: Balloon Toss Bonanza (Unit)<br>11:30 Musical Refreshment Cart (Unit)<br>***1:45 Wheel of Fun Fridays (Unit)***<br>3:30 Sips & Snack Cart (Unit)<br>4:30 Table Time Games (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening One to One's w/ Activities (Unit) | **14**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 Morning Exercise: Rhythm Band (Unit)<br>10:30 Refreshment Social (Unit)<br>11:00 Indoor/Outdoor Strolls (Unit)<br>2:00 Fall Into Fun Active Games (Unit)<br>***2:00 Southern Maryland Concert Band (JT/MDR)***<br>3:15 Classic Movie w/ Snack Social (Unit)<br>4:30 One to One Visits (Unit)<br>5:15 Clean Hands! (Unit) |
| **15**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 1:1 Activities and Family Video Calls (Unit)<br>10:30 Guess That Tune & Groove Exercises (Unit)<br>11:15 Hydration Station (Unit)<br>2:00 Sunday Christian Service (MPR)<br>3:00 Sunday Sweet Treat Social (MPR and Unit to Unit)<br>5:15 Clean Hands! (Unit) | **16**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:15 Parachute Exercise Fun! (Unit)<br>11:00 Refreshment Cart Roundup (Unit)<br>***2:00 Daniel K. the Accordion Player (1C/ 2C)***<br>3:30 Fall Flavors Sensory Treat: Sweet Potato Pie (Unit)<br>4:30 Fold, Sort, and Count Game (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Tovertafel and Table Games (Unit)<br>***8:15 Baltimore Ravens vs Los Angeles Chargers (ESPN Ch. 35)*** | **17**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Classic TV and Conversations (Unit)<br>10:30 Catholic Services (MPR)<br>11:00 Refreshments Cart (Unit)<br>***2:00 Creative Art Club (2C)***<br>***2:00 Jerry One Man Band (1C)***<br>2:45 Snack Cart Express (Unit)<br>3:00 Bible Study w/ Bishop Frye (2C)<br>4:30 Mind Games & Memories (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Quiet Reflections Wind Down (Unit) | **18**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>***10:00 The Roads Less Traveled Scenic Dr. (Outing)***<br>10:15 Chair Dance Through the Decades (Unit)<br>11:00 Jokes and Juice Cart (Unit)<br>***2:00 Active Game Rotation (2C)***<br>***2:00 Joe Norris Entertainment (1C)***<br>3:30 Snack Wagon (Unit)<br>4:30 The Walking/Strolling Club (Unit to Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Applejacks Pet Therapy (Unit to Unit) | **19**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:30 Catholic Services (JT/MH)<br>11:00 Refreshment Cart (Unit)<br>***2:00 Cruisin' Into November (Outing)***<br>***2:00 Monthly Birthday Party w/ Karter James (2C)***<br>***2:00 Pets on Wheels Visits (Unit)***<br>3:00 The Veterans' Treat Trolley (Unit)<br>3:00 Travel Documentaries (Ch. 25)<br>4:30 Classic TV Hour (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Lullabies & Love Song Hour (Unit) | **20**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Morning Exercise: Balloon Toss Bonanza (Unit)<br>11:30 Musical Refreshment Cart (Unit)<br>***1:45 Wheel of Fun Fridays (Unit)***<br>3:30 Sips & Snack Cart (Unit)<br>4:30 Table Time Games (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening One to One's w/ Activities (Unit) | **21**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 Morning Exercise: Rhythm Band (Unit)<br>10:30 Refreshment Social (Unit)<br>11:00 Indoor/Outdoor Strolls (Unit)<br>2:00 Fall Into Fun Active Games (Unit)<br>3:15 Classic Movie w/ Snack Social (Unit)<br>4:30 One to One Visits (Unit)<br>5:15 Clean Hands! (Unit) |
| **22**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 1:1 Activities and Family Video Calls (Unit)<br>10:30 Guess That Tune & Groove Exercises (Unit)<br>11:15 Hydration Station (Unit)<br>***1:00 Baltimore Ravens vs Carolina Panthers (Fox Ch. 21)***<br>2:00 Sunday Christian Service (MPR)<br>3:00 Sunday Sweet Treat Social (MPR and Unit to Unit)<br>5:15 Clean Hands! (Unit) | **23**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>***10:00 Women's Red Hat Society (MPR)***<br>10:15 Parachute Exercise Fun! (Unit)<br>11:00 Refreshment Cart Roundup (Unit)<br>***2:00 Chyp Davis Entertainment (1C)***<br>***2:00 Karaoke Sing-along (2C)***<br>3:30 Fall Flavors Sensory Treat: Turkey Ice Cream (Unit)<br>4:30 Puzzle Pals (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Tovertafel and Table Games (Unit)<br>***8:15 Washington Commanders vs Cincinnati Bengals (ESPN Ch. 35)*** | **24**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Classic TV and Conversations (Unit)<br>10:30 Catholic Services (MPR)<br>11:00 Refreshments Cart (Unit)<br>***2:00 Creative Art Club (Unit)***<br>2:45 Snack Cart Express (Unit)<br>3:00 Bible Study w/ Bishop Frye (2C)<br>4:30 Mind Games & Memories (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Quiet Reflections Wind Down (Unit) | **25**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:15 Chair Dance Through the Decades (Unit)<br>11:00 Jokes and Juice Cart (Unit)<br>***2:00 Active Game Rotation (1C)***<br>***2:00 Greg Floberg Entertainment (2C)***<br>3:30 Snack Wagon (Unit)<br>4:30 The Walking/Strolling Club (Unit to Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening Wind Down (Unit) | **26**<br>***Thanksgiving***<br>8:30 Macy's Day Parade (Ch. 20)<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>***10:00 The Real Story of Thanksgiving Doc. (Ch. 25)***<br>10:30 Catholic Services (Ch. 25)<br>11:00 Refreshment Cart (Unit)<br>***2:00 Gobble Gobble Bingo (Unit)***<br>3:00 The Veterans' Treat Trolley (Unit)<br>3:00 Travel Documentaries (Ch. 25)<br>5:15 Clean Hands! (Unit) | **27**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:00 Morning Exercise: Balloon Toss Bonanza (Unit)<br>11:30 Musical Refreshment Cart (Unit)<br>***1:45 Wheel of Fun Fridays (Unit)***<br>3:30 Sips & Snack Cart (Unit)<br>4:30 Table Time Games (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Evening One to One's w/ Activities (Unit) | **28**<br>8:45 Morning Greetings<br>***9:00 Holiday Decorating Day (Facility Wide)***<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:30 Refreshment Social (Unit)<br>11:00 Indoor/Outdoor Strolls (Unit)<br>***2:00 Holiday Movie Matinee: ELF (Ch. 25)***<br>3:15 Tinsel & Treats Social (Unit)<br>4:30 One to One Visits (Unit)<br>5:15 Clean Hands! (Unit) |
| **29**<br>8:45 Morning Greetings<br>9:30 Coffee, Cocoa, and Chronicles (Unit)<br>10:00 1:1 Activities and Family Video Calls (Unit)<br>10:30 Guess That Tune & Groove Exercises (Unit)<br>11:15 Hydration Station (Unit)<br>***1:00 Baltimore Ravens vs Houston Texans (CBS Ch. 22)***<br>2:00 Sunday Christian Service (MPR)<br>3:00 Sunday Sweet Treat Social (MPR and Unit to Unit)<br>***4:25 Washington Commanders vs Arizona Cardinals (Fox Ch. 21)***<br>5:15 Clean Hands! (Unit) | **30**<br>8:45 Morning Greeting (Unit)<br>9:30 Warm Sips & Daily Chronicle Clips (Unit)<br>10:15 Parachute Exercise Fun! (Unit)<br>11:00 Refreshment Cart Roundup (Unit)<br>2:00 Bingo Mania (Unit)<br>3:30 Fall Flavors Sensory Treat: Pumpkin Pie (Unit)<br>5:15 Clean Hands! (Unit)<br>6:30 Tovertafel and Table Games (Unit) |  |  |  |  |  |

Charlotte Hall Veterans Home
DEPARTMENT OF VETERANS & MILITARY FAMILIES